Persistent Weakening Trend in the Spring Sensible Heat Source over the Tibetan Plateau and Its Impact on the Asian Summer Monsoon

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ABSTRACT

Using a dataset extended by the addition of data for 2004–08, this study reexamined the trend in the sensible heating (SH) flux at 73 meteorological stations over the Tibetan Plateau (TP) during 1980–2008 and investigated its impact on monsoon precipitation in the surrounding region. In contrast to ongoing climate warming, a weakening trend in SH is persistent over most of the plateau, despite a sharp increase in the ground–air temperature difference in 2004–08. The weakening trend in SH over the TP is primarily a response to the spatial nonuniformity of large-scale warming over the East Asian continent, which is characterized by much greater warming amplitude at mid- and high latitudes than over the tropics and subtropics. Furthermore, the suppressed air pump effect, which is driven by SH over the TP and acts as a strong forcing source, gives rise to reduced precipitation along the southern and eastern slopes of the plateau, and increased rainfall over northeastern India and the Bay of Bengal. No significantly stable correlation exists between the SH source over the TP and the overall trend or interdecadal variability in the East Asian or South Asian summer monsoon.

1. Introduction

Many previous studies have investigated the influence of the Tibetan Plateau (TP)—which acts as a huge, intense, and elevated heat source—on the onset and maintenance of the Asian summer monsoon (ASM) and the pattern of the boreal summer climate (e.g., Yeh et al. 1957; Flohn 1960; Hahn and Manabe 1975; Yanai et al. 1992; Zhao and Chen 2001; Duan and Wu 2005). In spring, the air column over the TP changes from a heat sink to a source, driven by a dominant contribution from sensible heating (SH) before the monsoon onset (e.g., Yeh and Gao 1979; Duan and Wu 2008, hereafter DW2008). The air pump driven by SH over the TP can regulate the ASM because the heating effect along the sloping surface converges the air in the lower layer from the surrounding areas with ascending air flows that penetrate the isentropic surfaces and compensate for the surface SH (Wu et al. 1997, 2007).

Along with global warming, a substantial surface and troposphere warming has been verified over the TP (e.g., Liu and Chen 2000; Zhu et al. 2001; Niu et al. 2004; Duan et al. 2006). However, the in situ SH flux has shown a significant decreasing trend since the 1980s, with the most pronounced trend occurring in spring and summer. Although latent heating shows a minor increasing trend, the springtime atmospheric heat source over the TP showed a loss in strength during 1980–2003 (DW2008).

The effect of the heat source over the TP on interannual variations in the east ASM (EASM) is well documented. For example, a clear positive correlation has been detected between the spring heating source over the TP and the subsequent summer monsoon precipitation in the valleys of the Yangtze River and Huaihe River, whereas a negative correlation exists between the spring TP heating intensity and summer rainfall in north China (e.g., Zhao and Chen 2001; Duan et al. 2005). Zhang et al. (2004) investigated decadal changes in the spring snow depth over the TP and its influence on the EASM. The results show a close relation between an interdecadal increase in snow depth over the TP during March–April and a wetter summer over the Yangtze River valley and a dryer summer over the southeast coast of China and the Indochina Peninsula. Zhu et al. (2007)
argued that the atmospheric heat source and winter–spring snow over the TP are strongly correlated with a shift in the decadal pattern of summer precipitation in eastern China [a typical south (flood)–north (drought) pattern]. However, Wang et al. (2007) reported that a negative correlation between the spring heat source over the eastern TP and the EASM is only found for the period before 1978; the relation has become blurred since this date. The discrepancy between the findings of these studies may be ascribed to the different sources and lengths of the datasets and the overall intrinsic limit of reliability of diabatic heating variables in National Centers for Environmental Prediction–National Center for Atmospheric Research (NCEP–NCAR) reanalysis data for the TP region. A more reliable result, obtained using a longer observational dataset, is required to clarify the possible impacts of the heat status over the TP on the long-term trend or interdecadal variability in the ASM.

The objectives of this work are to reestimate the long-term trend in the SH source over the TP and to identify the possible connection between the change in SH over the plateau and the interdecadal variability or long-term trend of the ASM. The remainder of the paper is organized as follows: The data and analysis procedures employed in this work are described briefly in section 2. Section 3 introduces the up-to-date trend of SH over the central and eastern TP (CE-TP) and over the western TP (W-TP). The connection between the SH trend over the TP and large-scale warming is investigated in section 4. The possible influence of the spring SH over the TP on interdecadal variability in the ASM is assessed in section 5. Finally, a discussion and summary are presented in section 6.

2. Data and methodology

The data used in this study include the following:

1) Regular surface meteorological observations (subjected to quality control) for the TP region are provided by the China Meteorological Administration. Variables are collected 4 times daily [0200, 0800, 1400, and 2000 local time (LT); times are 6 h earlier than UTC], including surface air temperature ($T_a$), ground surface temperature ($T_s$), and wind speed at 10 m above the surface ($V_{10}$). In the CE-TP, records are available for 71 stations during 1979–2008 and for 37 stations during 1960–2008, which is adequate to assess the trend in the domain. In the W-TP, data are unavailable for land surface temperature during 2004–08 at Pulan (30.28°N, 81.25°E; 3900 m above mean sea level); consequently, we calculated SH at only two stations: Shiquanhe (32.50°N, 80.08°E; 4278 m) and Gaize (32.15°N, 84.42°E; 4415 m) during the period of 1980–2008, same as the 71-station in the CE-TP.

2) The monthly-mean air temperature, geopotential height, and zonal and meridional wind speed fields are from the monthly-mean NCEP–NCAR reanalysis (Kalnay et al. 1996), the NCEP–NCAR Reanalysis 2 [NCEP/Department of Energy (DOE); Kanamitsu et al. 2002], and the Japan Meteorological Agency (JMA), which conducted the Japanese 25-yr Reanalysis (JRA-25; Onogi et al. 2007). The horizontal resolution is $2.5^\circ \times 2.5^\circ$ for NCEP–NCAR and NCEP/DOE at 17 standard pressure levels. For JRA-25, the horizontal resolution is $1.25^\circ \times 1.25^\circ$, employing 23 standard pressure levels. The NCEP–NCAR reanalysis dataset is available from 1948 to the present; the NCEP/DOE and JRA-25 datasets are available from 1979 to the present. For all three datasets, we analyzed the period from December 1979 to February 2009 to obtain the seasonal mean trend in air temperature, pressure, and zonal and meridional wind speeds for the period 1980–2008 (the winter season was averaged using data from December of a given year and January–February of the following year). In terms of interdecadal variability, we utilized NCEP–NCAR reanalysis data for 1960–2008.

3) Monthly-mean precipitation data for 1980–2008 were obtained from the Global Precipitation Climatology Project version 2.1 (GPCP; Adler et al. 2003) at a resolution of $2.5^\circ \times 2.5^\circ$ and from the Global Precipitation Climatology Centre (GPCC) at a resolution of $1.0^\circ \times 1.0^\circ$ (Rudolf 2005). The former covers global land and ocean, whereas the latter is available only over land.

We calculated SH using the bulk aerodynamic method as follows:

$$SH = C_r \rho C_{DH} V_{10} (T_s - T_a),$$  (1)

where $C_r = 1005 \, J \, kg^{-1} \, K^{-1}$ is the specific heat of dry air at constant pressure; $\rho$ is air density, which decreases exponentially with increasing elevation; $C_{DH}$ is the drag coefficient for heat; and $V_{10}$ is the wind speed measured at 10 m above the ground. Here, we chose $\rho = 0.8 \, kg \, m^{-3}$ (Yeh and Gao 1979) and $C_{DH} = 4 \times 10^{-3}$ (Li et al. 1996) for the CE-TP, and $C_{DH} = 4.75 \times 10^{-3}$ for the W-TP (Li et al. 2000). For a given location, the changes in $\rho$ and $C_{DH}$ with time are expected to be small.

A linear regression was used to calculate the linear variation trend, and the sliding $t$ test was adopted to check for significance in interdecadal correlations and abrupt change points. Unless stated otherwise, all the reported changes are significant at the 95% confidence level.
3. Up-to-date trend in the spring SH source over the TP

Figure 1 shows the time series of the 71 station-averaged values of \( T_a \), \( T_s \), \( T_s - T_a \), \( V_{10} \), SH, and the corresponding linear variation trend (LVT) over the CE-TP in spring [average of March–May (MAM)] for 1980–2008. Similar to the case for 1980–2003 reported by DW2008, \( T_a \) and \( T_s \) showed an increase during 2004–08, and the LVTs for \( T_a \) and \( T_s \) during the entire period (1980–2008) were 0.43 and 0.61°C decade\(^{-1}\), respectively, which exceed the 99% confidence level (Table 1). For 2004–08, the LVT in \( T_s \) (1.6°C decade\(^{-1}\)) is much larger than that in \( T_a \) (0.33°C decade\(^{-1}\)); consequently, \( T_s - T_a \) shows a strong increasing trend (1.6°C decade\(^{-1}\)). In contrast, the decreasing trend in \( V_{10} \) continues (−0.36 m s\(^{-1}\) decade\(^{-1}\) for 2004–08), and the corresponding LVT of 1980–2008 is significant at the 99% confidence level. According to Eq. (1), the temporal change or derivative in SH depends on the terms \( (T_s - T_a) \frac{dV_{10}}{dt} \) and \( V_{10} \frac{d(T_s - T_a)}{dt} \). In Fig. 1, the values of \( (T_s - T_a) \) and \( V_{10} \) are positive, and the former is always larger than the latter; hence, the trend in SH depends mainly on the change in \( V_{10} \). In other words, a declining trend in \( V_{10} \) will induce a weakening trend in SH over the TP. The LVT in spring SH over the CE-TP, as calculated in this work, was −5.7 W m\(^{-2}\) decade\(^{-1}\) during 1980–2008.

The W-TP situation is somewhat different from that of CE-TP. The warmest year of the entire period (2004) produced a slightly decreasing trend in \( T_a \) and \( T_s \) during 2004–08. Nevertheless, the decreasing trend in SH was similar to that recorded at CE-TP (Fig. 2). The SH heat source averaged over two stations in the W-TP shows a weakening trend of −5.0 W m\(^{-2}\) decade\(^{-1}\) during 1980–2008 with a relative variation rate of −10% per decade. The trends in spring \( T_a \), \( T_s \), \( T_s - T_a \), and \( V_{10} \) are significant at the 99% level, whereas the trend in SH is below the 95% confidence level because of the relatively high mean value. In fact, the decreasing trend in SH (exceeding the 99% confidence level) occurred in all seasons over the CE-TP (Table 1). Over the W-TP, in contrast, significant change in SH was found only in summer [average of June–August (JJA)] and autumn.

### Table 1. Trend in \( T_a \) (°C decade\(^{-1}\)), \( T_s \) (°C decade\(^{-1}\)), \( T_s - T_a \) (°C decade\(^{-1}\)), \( V_{10} \) (m s\(^{-1}\) decade\(^{-1}\)), and SH flux (W m\(^{-2}\) decade\(^{-1}\)) over the TP during the period 1980–2008. Significance at the 95% and 99% levels is indicated by one and two asterisks, respectively. DJF = December–February.

<table>
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<th>Region</th>
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<th>JJA</th>
<th>SON</th>
<th>DJF</th>
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<td></td>
<td>( T_s )</td>
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<td>0.45**</td>
<td>0.52**</td>
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<td>( T_s - T_a )</td>
<td>0.17**</td>
<td>0.09</td>
<td>0.12**</td>
<td>0.15*</td>
<td>0.13**</td>
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<tr>
<td></td>
<td>( V_{10} )</td>
<td>−0.27**</td>
<td>−0.2**</td>
<td>−0.16**</td>
<td>−0.19**</td>
<td>−0.2**</td>
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<td>−3.675**</td>
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<td>W-TP</td>
<td>( T_a )</td>
<td>0.65**</td>
<td>0.49***</td>
<td>0.6**</td>
<td>1.02**</td>
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<tr>
<td></td>
<td>( T_s )</td>
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<td>0.77**</td>
<td>0.83**</td>
<td>1.12**</td>
<td>0.97**</td>
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<tr>
<td></td>
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<td>( V_{10} )</td>
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<td>−0.29***</td>
<td>−0.3**</td>
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<tr>
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<td>−6.65**</td>
<td>−2.65*</td>
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[average of September–November (SON)]. Moreover, a distinct increasing trend in SH occurred over the winter W-TP, similar to the result obtained by DW2008. Because of the large domain considered in this analysis and the complicated topography, the trend over the TP may show spatial variations. To compare the change in terms of amplitude among various meteorological variables, Fig. 3 shows the spatial distribution of LVTs for $T_a$, $T_s$, $V_{10}$, and SH over the CE-TP during 1980–2008. The increasing trends in $T_a$ and $T_s$, and decreasing trends in $V_{10}$ and SH across the CE-TP are largely uniform, and a significant change in SH is seen across wide areas of the southern and middle CE-TP. In fact, for $T_a$, $T_s$, $V_{10}$, and SH, a significant trend (at the 95% level) is recorded by 65, 54, 59, and 46 stations, respectively (total number of stations: 71).

Generally, the trend in all variables is related to elevation, with higher elevations showing greater amplitude. In spring, this relation is seen for all variables except $T_a$ (Table 2), but the relation is not always observed in other seasons. For example, in summer, the 29-station-averaged trend (elevations: 3000–4000 m) is positive in $T_a$ but negative in $V_{10}$ and SH; the opposite is observed for stations at altitudes less than 3000 m and higher than 4000 m (results not shown).

4. Relation between the change in SH and nonuniform large-scale warming

The mean altitude of the TP is about 600 hPa, and the surface flow is controlled mainly by the midtropospheric East Asian subtropical westerly jet (EASWJ). Duan and Wu (2009) reported that the trend in surface wind and the associated SH over the plateau is related to changes in the EASWJ. To demonstrate that this result is not dependent on the data source, Fig. 4 shows the temporal evolution and corresponding LVT of the spring EASWJ index, defined as the average 500-hPa zonal wind speed within the area (25°–45°N, 70°–120°E, as shown in the top-left panel of Fig. 5) over the period 1980–2008. A consistent decreasing trend in the EASWJ index is evident among all three reanalysis datasets, with the LVT significant at the 90% confidence level for NCEP–NCAR data ($-0.27 \text{ m s}^{-1} \text{ decade}^{-1}$) and at the 95% level for NCEP/DOE and JRA-25 data ($-0.31$ and $-0.39 \text{ m s}^{-1} \text{ decade}^{-1}$, respectively).

The geostrophic balance relation suggests that such a large-scale change in zonal wind speed can be attributed to a reduction in the in situ meridional pressure gradient. Figure 5 shows the spatial distribution of LVT in 500-hPa air temperature, geopotential height, zonal wind speed, and meridional wind speed in spring during 1980–2008. A substantial warming trend of $0.2^\circ \text{C} – 0.4^\circ \text{C} \text{ decade}^{-1}$ is found north of the TP, with the center near Baikal. A much weaker warming signal, or even cooling signal, is found in subtropical Asia. The Intergovernmental Panel on Climate Change Fourth Assessment Report (IPCC AR4) (Solomon et al. 2007) also reported a larger warming over the midlatitudes than over the tropics and subtropics, for both the surface and the troposphere during 1979–2005. As a result of temperature changes, geopotential height rose in warming areas and dropped in cooling areas, leading to a further weakening of the meridional pressure gradient and subsequently a weakening of the zonal wind to the south of the warming center, as required by the geostrophic balance relation (Holton 1992). Consequently, a decelerated zonal wind, with a trend exceeding $-0.2 \text{ m s}^{-1} \text{ decade}^{-1}$, appeared over and to the south of the TP. It is noteworthy that decelerated zonal winds in the western part of the TP are larger than other places, which leads to divergence over the TP. Similarly, a diminished zonal pressure gradient over subtropical East Asia, which was induced mainly by the cooling signal over the northwest Pacific, might be responsible for the decelerated meridional wind speed. Over east and south China, we obtained a negative trend in the meridional wind speed of $-0.2$ to $-0.6 \text{ m s}^{-1} \text{ decade}^{-1}$.

![Fig. 2. As in Fig. 1, but for two station-averaged values over the W-TP in spring.](image-url)
Similar results can be found at 850 hPa, indicating a declining trend in the low-level southwesterlies.

In summer, the large-scale trends of temperature and circulation at subtropical and higher latitudes are similar to those in spring. In the tropics, an intensified zonal wind speed is found south of the TP at 500 hPa (figure not shown). Therefore, the spatially nonuniform large-scale warming, which is characterized by a stronger trend over mid and high-latitude land areas than over tropical and subtropical oceans, resulted in a diminishing trend in zonal and meridional wind speeds over the tropical and subtropical East Asian continent. In other words, the northward penetration of the southerlies over East Asia, which serve as the major supplier of moisture in the EASM, has declined in recent decades.

5. Feedback of change in SH over the TP on the ASM

a. Precipitation trend in the ASM region

As a response to nonuniform large-scale climate warming, will the change in SH over the TP influence the long-term trend or interdecadal variability in the ASM and the corresponding precipitation pattern or intensity? To answer this question, we now consider precipitation change in the ASM region during spring and summer, and compare the temporal evolution of the SH index over the TP with summer monsoon indices over East Asia and South Asia.

The distinctive topography and orography of East Asia produce unique features in the EASM, which comprises both tropical and subtropical subsystems. The
monsoon circulation system over East Asia has a high degree of independence and differs from that over South Asia, although they are related at times (e.g., Tao and Chen 1987; Ding 1994; Lau et al. 2000). The South Asian or Indian summer monsoon is purely a tropical monsoon system. The outbreak of the tropical ASM onset consists of three successive stages: the monsoon onset over the east coast of the Bay of Bengal (BOB) in early May, the monsoon onset over the South China Sea by 20 May, and the onset of the South Asian summer monsoon (SASM) over India by 10 June. Moreover, the onset of the monsoon is directly linked to the thermal and mechanical forcing of the TP (Wu and Zhang 1998). The low-layer isentropic surfaces descend sharply and intersect the steep ground surface along the southern and eastern slopes of the plateau. Hence, the SH over the plateau, especially along the high Himalayas, operates as an efficient air pump that results in the convergence of airflow in lower layers toward the plateau. Strong negative vorticity is then created because of surface friction, forcing upper-layer anticyclonic circulation above the lower-layer cyclonic circulation (Wu et al. 1997, 2007).

Because the SH-driven air pump works mainly in spring and summer, and the magnitude of the decrease in SH during these two seasons is much larger than that during autumn and winter (Table 1), in Fig. 6 we show the spatial distribution of LVT in precipitation during 1980–2008 for spring (left) and summer (right), as calculated from two independent precipitation datasets. A significant decreasing trend is seen along the southern slope of the TP in both seasons (the LVT in spring and summer are above \(-0.4\) and \(-1.0\) mm day\(^{-1}\) decade\(^{-1}\), respectively) and along the eastern slope in summer, where the topography rises sharply from 1500 to above 3000 m. The air pump effect driven by the SH over the plateau is most efficient along the south slope of the Himalayas due to the steep topography. Therefore, the weakening trend in the SH over the plateau contributed to the decreasing trend in the precipitation along its south slope at least to a certain degree.

Accompanying the substantial decreasing trend observed at the margins of the plateau, a significant increasing trend is seen for north India, BOB, and the Indochina Peninsula. Over the Indian continent, we observe a decreasing trend along the southwest coastal regions and over north India, and an increasing trend in central and northeastern India. These spatial variations obscure the average trend for India as a whole. Despite the overall similarity between those two precipitation datasets, some differences are observed in East Asia. For example, in spring, a remarkable decreasing precipitation trend appears in southeastern China in GPCC, whereas a weak increasing trend appears in GPCP. Nevertheless,

![Fig. 4. Temporal evolution (solid curves) and LVT (dashed lines) of the 500-hPa EASWJ index during 1980–2008. Units for EASWJ and its LVT are m s\(^{-1}\) and m s\(^{-1}\) decade\(^{-1}\), respectively. Black, red, and green lines represent NCEP–NCAR, NCEP/DOE, and JRA-25 data, respectively.](image-url)
both datasets yield a decreasing (increasing) trend in summer rainfall in north China (south China), which has become known as the weakened EASM in recent decades (Huang et al. 2006). In China, the change in GPCC precipitation data seems to be more consistent with station-observed results (e.g., Fig. 4b in Zhou et al. 2009).

Variations in precipitation are directly related to the transportation of moisture. Figure 7 shows the climatology together with the trend in the air-column-integrated moisture-flux vector over the ASM and surrounding regions. In the climate mean field, vigorous northward moisture transportation occurs in both spring and summer over the southern slope of the TP, while it occurs only in summer over the eastern slope. During 1980–2008, the inward humid airflows are significantly suppressed along the southern and eastern slopes of the plateau, giving rise to a decreasing trend in precipitation in these regions. Over South China and the northern South China Sea, a westerly anomaly in spring (against the climate mean easterly) is indicative of the suppressed moisture supply and the corresponding decreasing trend in precipitation. Over East China, however, a northerly anomaly in summer (against the climate mean southerly) is responsible for the southward retreat of the summer monsoon rain belt. Similar results were obtained using NCEP/DOE and JRA-25 data. Thereby, the weakened air-pumping effect driven by the SH over the TP, which serves as a strong, local forcing source, plays an important role in modulating the changes in circulation and precipitation in the surrounding regions.

![Figure 5](image-url)

**Fig. 5.** Spatial distribution of LVR for (top) air temperature (°C decade⁻¹), (top middle) geopotential height (gpm decade⁻¹), (lower middle) zonal wind speed (m s⁻¹ decade⁻¹), and (bottom) meridional wind speed (m s⁻¹ decade⁻¹) at 500 hPa in spring (MAM) during 1980–2008. (left–right) Columns show NCEP–NCAR, NCEP/DOE, and JRA-25 data. Shaded areas denote a significant trend at the 95% level. Solid thick curves and dashed rectangle in the top-left panel denote the TP area with height above 2500 m MSL and the EASWJ domain (25°–45°N, 70°–120°E), respectively.
b. Relation between the change in SH over the TP and interdecadal variability in the ASM

The above-mentioned results reveal the long-term trend of the SH over the TP and its influence on precipitation in the surrounding regions during recent decades. Here, we investigate whether a direct connection exists between the heat status over the TP and the overall intensity of the EASM and/or SASM in terms of the long-term trend or interdecadal variability. The best method to use to define the strength of the EASM remains a topic of controversy, in terms of the precipitation pattern and interannual variations, although various tropical ASM indices show a strong correlation with each other (Wang and Fan 1999). In this work, we chose the widely used EASM indices proposed by Guo (1983) and Li and Zeng (2002). The former is defined by the summation of the sea level pressure (SLP) gradient between land (110°E) and sea (160°E) from 10° to 50°N, and the later is a dynamically normalized seasonality. Although various tropical ASM indices show a strong correlation with each other, the two SASM indices from Wang and Fan (1999) and Li and Zeng (2002) are used in this study.

All the indices are calculated using JJA mean NCEP–NCAR reanalysis data, because both the NCER/DOE and JRA-25 reanalysis datasets are only available since 1979. Figure 8 shows the 5-yr running mean time series of the SH index averaged for 37 stations over the TP in spring and summer (which agrees well with the 71-station-averaged result documented by DW2008), together with two EASM and two SASM indices for 1960–2008. Using the sliding t test, we found a significant shift point, from an increasing trend to a decreasing trend, in the SH over the TP in 1978; the decreasing trend accelerates after the mid-1980s. However, the EASM index shows a significant decrease since the mid-1970s and an increase after the 1990s, characterized by multiscale variations rather than a regularly trend. Kwon et al. (2007) reported that the EASM showed a decadal change in the mid-1990s. In other words, after the mid-1990s, a significant decrease occurred in the strength of zonal winds near the subtropical jet over East Asia, as well as a distinct increase in precipitation over southeast China. The two SASM indices show no abrupt changes during the entire period, although a weak increasing trend is seen after the 1970s.

Figure 9 shows 11-yr running correlations between the spring SH index over the TP and the EASM and SASM indices, representing their linkages in terms of interdecadal variability. The relation between the spring SH index over the TP and the EASM or SASM indices shows a remarkable decadal variation. During the 1970s and 1990s, a positive correlation is seen between the spring SH over the TP and Wang and Fan’s (1999) SASM index, whereas a negative correlation is observed in the 1980s. In fact, a stable negative correlation during the entire period is seen only between the spring SH over the TP and Li and Zeng’s (2002) EASM index, although the relation is not significant at the 95% level for most of the period.
The monsoon is considered to be an inevitable consequence of the land–sea thermal contrast; hence, a change in heat status over either land or sea may lead to a shift in monsoon intensity. Signals from the TP can partially affect the variations in EASM or SASM; however, for the overall case in ASM systems, other factors related to heat status and moisture supply (e.g., ocean conditions) may be more important in terms of regulating the long-term or interdecadal trend in the ASM. Moreover, monsoon indices typically represent the intensity of monsoon circulation for a large domain, whereas the pattern of precipitation in monsoon regions is known to be complex. Thus, it is not surprising that no stable or significant connection exists between the heat status over the TP and the ASM indices over an interdecadal time scale.

6. Summary and discussion

Using historic records from 73 meteorological stations over the TP, three reanalysis datasets, and two precipitation datasets, we reexamined the SH trend over the TP during recent decades and investigated its connection with large-scale climate warming and feedbacks to interdecadal variability in the ASM. The main findings are summarized below.

1) In contrast to substantial climate warming, a statistically significant decreasing trend in SH over the CE-TP remains ongoing. The linear trend of 71-station-averaged SH in spring during 1980–2008 is $-5.7 \text{ Wm}^{-2} \text{ decade}^{-1}$. Meanwhile, the in situ ground–air temperature difference shows an accelerated increasing trend in 2004–08. A weakening trend in spring SH also occurs at two stations over the W-TP, yielding a linear trend of $-5.0 \text{ Wm}^{-2} \text{ decade}^{-1}$.

2) The decreasing trend in SH over the TP is induced mainly by a reduction in surface wind speed. A much larger warming amplitude at mid- and high latitudes, compared with over the tropics and subtropics, gives rise to a decreasing trend in the meridional pressure gradient and consequently a slowing of the westerly jet over the tropical and subtropical Asian continent, as
required by the geostrophic balance relation. Therefore, the weakening trend in spring SH over the TP can be regarded as a response to spatial nonuniformity in large-scale warming over Eurasia.

3) Serving as a strong forcing source, the weakened SH source over the TP in turn contributes to reduced monsoon precipitation over the southern and eastern slopes of the plateau, and to increased precipitation over northeast India, Bangladesh, and BOB. However, variations in the EASM and SASM indices, which represent the overall circulation intensity for a large domain, show a clear multiscale variability, rather than a persistent trend, after the 1980s. There is no stable and significant correlation between the spring SH index over the TP and EASM or SASM indices in an interdecadal time scale.

Some issues still remain unresolved. For example, why does the ground–air temperature difference show a strongly increasing trend in the CE-TP during 2004–08? How can the contribution of the change in local forcing (e.g., heat status over the TP) be distinguished from that of a global atmospheric circulation shift due to the greenhouse effect? Zhou et al. (2009) reviewed the factors that may contribute to the interdecadal transition in EASM, including tropical ocean warming, change in heat status over the TP, aerosol forcing, and internal variability of the climate system. Both observational results and
numerical experiments suggest that changes in sea surface temperature and convective activity over the tropical Indian Ocean and far western Pacific are responsible for the decadal westward extension of the western Pacific subtropical high and reduced water vapor supplied to north China from the South China Sea and from the western North Pacific since 1970s (Hu 1997; Gong and Ho 2002). However, the causes of EASM weakening remain elusive. This topic requires further investigation, particularly in terms of understanding the mechanism of the impact of heat source change over the TP on the ASM at a decadal time scale.

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